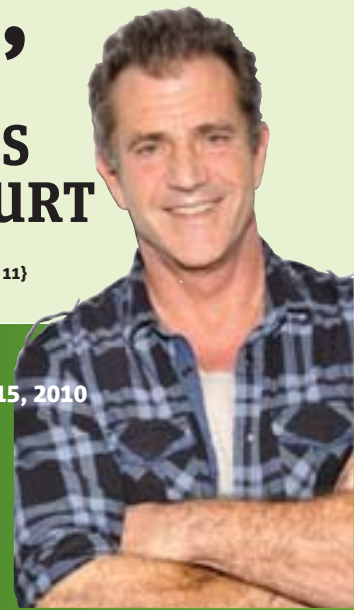
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ANOTHER SEASON ENDS FOR PUBLIC GARDENS {page 4}



'FALSE' ACTOR DENIES CLAIMS HE HURT DAUGHTER {page 11}



HALIFAX metro®
Monday, November 15, 2010
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News worth sharing.



SMU. Loney Bowl

▶ Defensive back Mark Holden hoists the Jewett Trophy as the Saint Mary's Huskies celebrate Saturday's Loney Bowl victory on their home field. Story, page 17.

RYAN TAPLIN/METRO

Bring on the Calgary Dinos

The Huskies, who have now won four straight Atlantic University Sport football titles, head to Calgary this weekend to play the Dinos in the Mitchell Bowl national semifinal on Saturday.

HRM's latest homicide?

Man dies from injuries in shooting {page 3}

Graduation day at Hogwarts

Actress Emma Watson talks new projects {page 10}

Raising a stink at council

▶ Biosolid fertilizer provides 'optimum nutrients' for new plants: Staff report ▶ Staff say once fertilizer is mixed into the soil there are no odour issues ▶ Tomorrow's vote will be close, says Coun. Dawn Sloane

[illegible] tomorrow is bound to go down the toilet.

Councillors are set to talk about a staff recommendation to continue use of biosolids, or sewage sludge, in fertilizer.

"I just think it's nasty," said Coun. Dawn Sloane. "We've already seen what happens when it wasn't done properly in Clayton Park."

City crews used the biosolid fertilizer while landscaping on Dunbrack Street in August.

Complaints about the stench rolled in, and it took several days for the strong odour to dissipate. The report chalked the stronger smell up to high temperatures and humidity.

"Except for the smell, I don't think there's anything they did wrong," said Coun. Russell Walker. "They're going to tell us, I guess, on Tuesday what happened there."

Council directed staff to examine the issue and report back in September, and it was deferred to tomorrow's Committee of the Whole meeting.

The report says biosolids are safe and used widely in other areas: "Research has shown that biosolids are high in nutrients, increases soil health, provides organic matter, supports healthy microbial activity and improves soil characteristics, all while lowering the carbon footprint."

Staff recommends it for landscaping projects and top dressing for sports fields, to name a few uses.

The report suggests it would cost the municipality less than $5,000 a year to use the biosolids fertilizer, but would cost over $10 million to abandon the Biosolids Management Facility and come up with a different technology.

JENNIFER TAPLIN



Outcry

▶ Actress Ellen Page, left, and Lil MacPherson, co-owner of the Wooden Monkey restaurant, spoke out against the use of biosolids in HRM this summer.

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No tax-free ride for centre: HRM

The property tax stays, the current convention centre is off the bargaining table, and there should be an option to buy after leasing.

That's the gist of Halifax regional council's response to the Dexter government on funding the proposed new convention centre, Metro Halifax has learned.

While councillors are being tight-lipped about their counter-offer, sources say the province's request to waive property taxes on the facility was met with a resounding no from council.

That's perhaps not hard to believe, given the strong objections from councillors last Tuesday.

That the municipality should commit to buying the current facility was met with similar disapproval.

"We haven't discussed that at all," said Bedford Coun. Tim Outhit.

Funding?

- Bill Estabrooks and Peter MacKay, Nova Scotia's representative in the federal cabinet, attended a press conference in Parrsboro yesterday, but the question of federal funding wasn't brought up.

"The discussion of the old convention centre shouldn't be part of the new convention centre negotiations. It's a separate issue."

Premier Darrell Dexter has previously said the sale of the current facility must be finalized when negotiations on the new facility conclude.

"We wouldn't sign off one without having the other one ready to be signed off," he told reporters Oct. 15.

Bill Estabrooks, the minister responsible for the convention centre file, would not confirm nor deny the government's position on the matter has changed.

"I'm aware of some of the give and take, (but) at this stage I'd rather not make a comment," said Estabrooks.

Mayor Peter Kelly was likewise mum on the issue, saying he could not comment on ongoing negotiations.

ALEX BOUTILIER

Shooting victim dies in hospital

Death could be ruled a homicide pending coroner's report Police looking for leads on suspicious SUV



ALEX BOUTILIER
@METRONEWS.CA

A 33-year-old man shot in Dartmouth in late September died of his injuries in hospital on Saturday.

No further details about the victim were released by police over the weekend, pending the results of an autopsy. That autopsy was scheduled for yesterday.

Halifax Regional Police spokesman Const. Brian Palmeter said until the cause of death is confirmed by the autopsy, police can't rule it a homicide.

"His injuries at the time were considered life-threatening," he said.

"But given the fact that it's been almost a month and a half (between the shooting and the victim's death), we want to play it safe, that's all."

The victim was found shot on a pathway near Hasting Street and Regency Drive, after police received reports of a number of shots being fired on Sept. 29.

Police said the incident did not appear to be a random act.

Police are still looking for a black SUV with silver rims that was seen leaving the area of the shooting, occupied by a male driver and a male passenger.

Information

- Police are encouraging anyone with information about the incident to contact them at 490-5016 or through Crime Stoppers at 1-800-222-TIPS.

RYAN TAPLIN/METRO FILE



Officers investigating the shooting scene in late September.

Stabbing brings charges

A 36-year-old man will be in court today to face an attempted-murder charge in relation to the stabbing of a 27-year-old man in Dartmouth on Saturday night.

Just after 8 p.m., Halifax Regional Police say someone alerted an officer on Prince Arthur Avenue that a man had been stabbed at a nearby residence.

The officer found the victim on the front steps of the home with a wound to his neck.

Police say the victim was stabbed inside the residence.

The victim was initially responsive, but fell unconscious at the scene, according to police, and was rushed to hospital with life-threatening injuries.

A man known to the victim was arrested at the scene and taken into custody.

Funding?

- A woman police called "a person of interest" was also arrested at the scene, but she was later released.

He was charged last night after being interviewed by investigators.

PHILIP CROUCHER

News in brief

Councillors to trim raises?

COUNCIL. Two councillors are proposing to trim their raises tomorrow. Mayor Peter Kelly sent back his four per cent raise two weeks ago.

Councillors were set to get a 1.6 per cent pay hike to a total salary of $72,357, but several councillors expressed interest in cutting their raises or donating them because of the budget crunch.

Two motions will be considered at council tomorrow.

Coun. Reg Rankin wants to set raises based on the Nova Scotia Consumer Price Index. Coun. Sue Uteck wants to change the rules so councillors can simply advise the chief administrative officer to cut their raises.

JENNIFER TAPLIN

1 news

News on the move

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2. Use the ScanLife application on your smartphone to scan 2D barcodes in Metro
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On the web at metronews.ca



Guidy Mamann on the impact planned changes will have on Canada's Immigrant Investor Program. More at metronews.ca/immigration.

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Aung San Suu Kyi's lawyer says Myanmar's junta deserves no 'gratitude' for her release. Scan code for story.

Public Gardens set for winter upgrade

Private donations, government assistance fund restoration of the Public Gardens' bandstand



JENNIFER TAPLIN
@METRONEWS.CA

$500K Total project cost of the fixing the bandstand at the Public Gardens.

It's another sign winter is approaching: the gates on the Public Gardens will be locked up today.

But it was an extra-long season for the downtown park. It opened early in the spring and stayed open a few days longer because of nice weather.

"We've been able to extend the season for people to enjoy it," said Downtown Coun. Dawn Sloane.

"We're going to be fixing up the bandstand and there's going to be a lot of materials laying around and we don't want anyone getting hurt."

Crews will install a copper roof on the bandstand. The original structure was built in 1887 to commemorate Queen Victoria's Golden Jubilee.

It was renovated in the 1970s and lost some of its old-time charm.

Judith Cabrita, a member of The Friends of the Public Gardens, said the restoration is the result of several years of hard work.

"We couldn't be happier to see this work begin," she said in a statement.

But, as is the case every winter, the Public Gardens will be missed.

"Even in the winter we have some nice days and it would be good to come in for a walk," said Bernie Barter, who went walking through the park yesterday.



▶ Strollers walk past the Public Gardens bandstand yesterday.

Cop, civilian implicated

Halifax Regional Police say they have suspended an officer with pay and charged a civilian after an investigation into alleged intimidation of a person involved in a trial.

Police did not identify the officer, who was arrested late Tuesday and released Wednesday, but say they are continuing an investigation into his behaviour.

Officers also arrested and charged a 32-year-old man from Halifax in connection with the same incident.

Const. Brian Palmeter says the man has been charged with intimidation of a justice participant and uttering threats.

Police allege the civilian was involved in an attempt to intimidate a person who was involved in a trial.

Palmeter says charges haven't been sworn yet before the courts and as a result the civilian's name hasn't been released.

Palmeter says he doesn't know when the civilian's charges will be filed in court.

THE CANADIAN PRESS

Released for now

- The civilian was released on a promise to appear in Halifax provincial court on Dec. 21.

Minister announces clean energy project

The federal government is committing $20 million for tidal energy projects in the Bay of Fundy.

Defence Minister Peter MacKay made the announcement yesterday in Parrsboro.

MacKay says the investment will help Canada become a "clean energy superpower."

The money will be used by the Fundy Ocean Research Centre for Energy, whose partners include utility Nova Scotia Power Inc., Minas Basin Pulp and Power of Hantsport, and Alstom, a energy and transportation giant based in France.

The group has also signed an $11-million contract for the production and installation of four sub-sea cables at the Minas Basin test site.

The provincial government says the cables, to be installed next year, will give the project the largest offshore transmission capacity of any in-stream tidal energy site in the world.

THE CANADIAN PRESS

Rifle stolen from truck: Mounties

Halifax RCMP are investigating the theft of a high-powered rifle from the back seat of a pickup that was parked in the Middle Sackville area.

Investigators say the rifle is a bolt-action, Remington 306 with a spotting scope and leather case.

It was taken from a Ford 250 pickup, parked on Wilson Lake Drive.

The RCMP say officers have stepped up foot patrols in the area after a rash of thefts from vehicles, most of which were left unlocked.

THE CANADIAN PRESS

Search for missing hunter, 87, called off

The search has been called off for an 87-year-old Nova Scotia hunter who was last seen heading into the woods on Wednesday.

The decision was made yesterday afternoon after four days of searching in the Parrsboro area.

Hundreds of people from Nova Scotia, New Brunswick and P.E.I. took part in the search for Harris Hill.

Hill went into the woods on Wednesday to drop off apples at his deer-hunting stand.

The man's truck was later found by his son near the West Bay Road.

THE CANADIAN PRESS

Standoff ends with man's surrender

A man barricaded inside a home in Cape Breton for four days has surrendered to police.

The standoff started Wednesday after officers went to a home on May Street in North Sydney as part of an investigation.

Members of the Cape Breton Regional Police emergency response team were called in when a 42-year-old man refused to leave the residence.

A police spokesman said police had no reason to believe the man intended to harm himself or anyone else. **THE CANADIAN PRESS**



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Canadian boy among dead in Mexico blast

Hotel hosting several groups from Canada, including a company vacation, wedding

A nine-year-old boy was among five Canadians killed yesterday in a powerful explosion at a hotel on Mexico's Caribbean coast that was hosting hundreds of Canadian tourists, including wedding guests from Alberta.

Eight Canadians were also injured, including two listed in critical condition.

Francisco Alor, attorney general of the state of Quintana Roo, where the resort is located, confirmed that five Canadians were killed in the blast that took place in the lobby of the 676-room Grand Princess Riviera Hotel in the city of Playa del Carmen around 9:30 a.m.

Off limits

By yesterday evening, military and fire service vehicles remained at the hotel and the blast site was still off limits, but guests appeared to be getting over the frantic panic of the morning.

Initial investigations were focusing on the possibility that naturally released gas from a nearby swamp had built up under the hotel and somehow ignited. Officials at the resort said no gas lines were located in the area where the blast occurred.

According to local media reports, the Mexican Red Cross released the names of the victims Sunday night. The five Canadians were identified as Marlene Ferguson, 51, Christopher Paul Charman, 33, John Paul Charman, nine, Malcolm and Michael Johnson, both in their 20s. Their hometowns were not immediately released. The explosion blasted chunks of flooring through the roof and left a crater a metre deep inside the building. It also blew out windows.

THE CANADIAN PRESS

Alaska. The outdoorsy type



▶ Former Republican vice-presidential candidate and Alaska governor Sarah Palin is shown by the family boat in Dillingham, Alaska, in a scene from the reality series Sarah Palin's Alaska, which premieres on TLC on last night.

GILLES MINGASSON/TH ASSOCIATED PRESS

Palin stars in new reality series

The show portrays Sarah Palin as an adventure-loving wife and mother enjoying a whirlwind of activities amid spectacular settings in her home state. There are no overt clues to her future political ambitions.

Adams calls it quits as N. Ireland politico

Sinn Fein leader Gerry Adams announced yesterday he intends to quit his political posts in Northern Ireland and seek election to parliament in the Republic of Ireland. Adams told supporters in the border county of Louth he would seek to win one of the area's seats.

THE ASSOCIATED PRESS

Parents' views don't match reality on drugs: Study

Most parents believe their teens are staying away from illegal drugs and prescription painkillers, a new survey suggests, but that might not reflect what's actually going on.

The Canadian Centre on Substance Abuse commissioned the survey, which discovered 70 per cent of the parents polled who have children between 12 and 17 don't think their kids have experimented with drugs.

Eighty per cent of parents and non-parents said they're confident they'd recognize signs of drug use in someone close to them, according to the responses of 1,002 Canadians surveyed by Harris-Decima from Oct. 28-31. Results of the telephone omnibus survey, released today, included 131 parents of children aged 12-17 living in the household.

Michel Perron, CEO of the centre, said there's a gap between perceptions and reality.

For example, the 2009 Ontario Student Drug Use Health Survey indicated that nearly one-third of those aged 15 to 17 and almost half those aged 18 and 19 reported using marijuana in the past year.

"I think we typically tend to assume it's somebody else's child or young adult that's doing something," Perron said.

THE CANADIAN PRESS

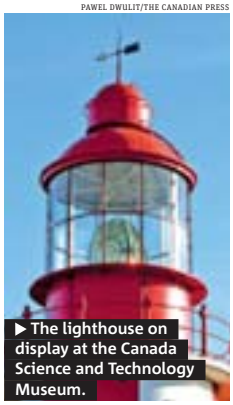




Mercury spilled after Ont. tremors

Quake was felt by an estimated 20 million people In general, property damaged was limited

PAWEL DWULIT/THE CANADIAN PRESS



▶ The lighthouse on display at the Canada Science and Technology Museum.

The earthquake that shook the capital this summer spilled toxic mercury at Canada's troubled science museum, forcing the cash-strapped facility to spend thousands for a cleanup.

The episode also rattled the museum president, who has warned that the next big quake could collapse the geriatric building that houses the main displays.

The June 23 quake, measured at 5.0 on the Richter scale, rocked the historic lighthouse on the museum's front lawn, causing a part of a pool of mercury to spill out of its bowl.

Mercury was sometimes used in lighthouses built after 1890 to float the main light mechanism, allowing the heavy structure to rotate with nearly no friction.

"While the spill was rapidly cleaned up by (museum) conservation staff, the air quality readings were still considered too high," says an internal account, obtained by The Canadian Press under the Access to Information Act.

"Magellan Engineering was contracted to do a complete decontamination of the lighthouse. During this time, the lighthouse was not open to public or staff."

The main cleanup was completed by July 20, costing the poorly funded museum $7,000 in unexpected maintenance. No one was injured.

Highly toxic mercury, which can be absorbed by the skin or inhaled as a vapour, causes poisoning that can damage eyesight or hearing, or cause shaking like Parkinson's disease.

THE CANADIAN PRESS

Japan. So zen



▶ President Barack Obama visits the Great Buddha of Kamakura with temple director Michiko Sato and chief monk of the temple Takao Sato yesterday.

CHARLES DHARAPAK/THE ASSOCIATED PRESS

Not a 'secret Buddhist'

Egypt to blame for smuggling: Official

"Egypt can stop all this smuggling of weapons within 24 hours if they want to do it."
ISRAELI INTELLIGENCE OFFICIAL

A senior Israeli intelligence official warned yesterday that Hamas rulers in the Gaza Strip have rockets that can travel 80 kilometres — a longer range than previously reported, which would put the coastal metropolis of Tel Aviv within range of its launchers.

The official blamed Egypt, saying it was not doing enough to stem smuggling through a network of tunnels along the relatively short border between its Sinai desert and the Palestinian territory.

An Egyptian security official reached for comment maintained that Egypt was combating the smuggling successfully.

The Israeli intelligence official said that Hamas, which seized control of Gaza in 2007, is "making very big efforts to build up their military capabilities ... building up their rocket capabilities in the Gaza Strip, and all this is happening because of one important thing: the smuggling of weapons through Egypt to the Gaza Strip."

Egypt, along with Israel, imposed an embargo on Gaza in June 2007 after Hamas militants took control of the area, but the Israelis and United States have repeatedly urged Egypt to do more to prevent weapons smuggling into the territory.

"Most of the tunnels that are used to smuggle these rockets and explosives and other weapons are in an area of three to four kilometres," said the official, who is privy to high-level intelligence information and briefed foreign correspondents on condition that he not be identified.

THE ASSOCIATED PRESS

Blaze hits immigrant housing in France

134 The local prefecture said that 134 people were evacuated after the fire. About 90 were hospitalized with varying injuries. By midday yesterday, 44 had been released, but 11 were still critically ill.

A fire early Sunday in a building housing immigrant workers has killed seven people, including two who jumped from the windows to try to escape, France's Immigration Ministry said. Some 90 other people were injured, of whom 11 are in life-threatening condition.

The office of Immigration and Integration Minister Eric Besson said most of the victims of the 2 a.m. blaze at the Fontaine d'Ouche residence, in the eastern city of Dijon, were killed by toxic fumes. Initial findings show the fire started in a garbage area beside the building and spread to an outside wall.

The prosecutor's office asked judicial police to investigate the cause of the blaze. A ministry statement said the state-subsidized building housed single foreign workers and families, mostly from sub-Saharan Africa.

THE ASSOCIATED PRESS



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Heart attacks linked to job strain in women

Women with high levels of job strain have a significantly higher risk of suffering a heart attack or other adverse cardiovascular event compared to those who report less stressful work lives, a major study has found.

Researchers found a 40 per cent increased risk for heart attack, stroke, the need for invasive procedures like bypass surgery, and death from cardiovascular disease.

Broken down, the risk of heart attack was almost 88 per cent higher in women with sustained on-the-job stress, while the risk of bypass surgery or other procedures, such as balloon angioplasty to open up blocked coronary arteries, was about 43 per cent higher. THE CANADIAN PRESS

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Greece. Financial crisis



▶ Pedestrians pass by a bank branch in Thessaloniki, Greece, on Saturday. The sign reads: "In the European Union of the bosses, the cheapest merchandise is the workers."

DIMITRI MESSINIS/THE ASSOCIATED PRESS

Shops struggle in wake of crisis

Business on Thessaloniki's main commercial street has declined precipitously since the onset of the financial crisis in Greece and many shops have shut down, with those left open struggling to survive. The number of street vendors, mostly immigrants, selling cheap counterfeit wares has increased.

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A TOAST TO TRANSITION YEAR PROGRAM

Urban Compass

STEPHEN KIMBER



What became the "most important (educational) program ever" for Nova Scotia's black and aboriginal communities began inauspiciously in a duck blind in the middle of the Nova Scotia nowhere.

Dalhousie University's Transition Year Program — a unique-for-its-time scheme to bring marginalized black and native students into the academic mainstream through a year-long process to "transition" them into university — celebrated its 40th anniversary this past weekend with a reception, symposium, dinner and dance.

Its conception was decidedly more random.

In October 1968, Rocky Jones, then a radical black student activist, invited his friend Jim Walker, a freshly minted white Dalhousie grad student, for a duck hunting weekend.

"Rocky is an avid hunter," Walker explains today. "I am not."

They built a lean-to but it was so cold they zipped their sleeping bags together and even invited Rocky's Labrador retriever into the bag to stay warm.

"I should mention," Walker adds, "we had a bottle of rum we passed back and forth."

They talked through the night — about Mississippi freedom schools, the fledgling American "head start" school programs, a recent report documenting the shockingly low numbers of black Nova Scotians in university ...

"In recent years, it (Transition Year Program) has admitted more students from outside Nova Scotia. Many don't stay after they graduate."

At some point, remembers Jones, they concocted a scheme that — after two years of discussion and the perhaps surprising support of then-Dalhousie president Henry Hicks — became the Transition Year Program.

Today, Jones is one of Canada's most prominent civil rights lawyers, Walker is a history professor and author of the seminal book on Nova Scotia's black loyalists, and TYP is a model for programs across North America.

Its most important accomplishment, Jones suggests, is that it helped foster a cadre of educated Nova Scotia black and aboriginal grads who returned to their own communities and became leaders there.

Is the program still needed?

Yes, says Jones. But it needs to return to its roots. In recent years, it has admitted more students from outside Nova Scotia. Many don't stay after they graduate. "We're losing leadership," Jones says. Which is especially troubling, he adds, at a time when many local black and native communities desperately need a new generation of educated leaders.

So a toast to TYP. To what it was. And still needs to be.

Cartoon

MICHAEL DE ADDER

Finish what you start



Letters & Tweets

We asked: Should Canada extend the Afghan mission?

TORONTO. Of course we should! To give you an example, it would be the same as a contractor half way through a project saying to the client, well I'm done here, leaving the client with no way of finishing the work. This would be an insult to the men and women who have served over there and to the Afghans and especially to the ones we lost. If you start something I was told you had to finish it. **JAY HOWSON**

TORONTO. No, Canada should not continue the mission in Afghanistan. In the last couple of years all I have heard is (with regards to the auto sector and recession), we will do whatever the Americans do. Every time an event or problem arises, our leaders just wait to see what the Americans will do — then we follow. Now our leader is changing his mind like the flag blowing in the wind. Good luck Canada, we are going to need it. **JAMES BROWN**

TORONTO. Canada should get out of Afghanistan, the sooner the better! The world is unable to change this country. It is hell for our young soldiers. **ERIKA NEESER**

The other face of the mission

KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS FILE



Movember moustaches. Like them? Hate them?

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Metro Minute at Bus Stop Theatre

Eastern Front Theatre begins a new season this week with a romantic comedy written and directed by Scott Burke — the artistic director for the theatre now in its 18th year.

The world premiere of Fall in Paris opens tomorrow night at Bus Stop Theatre on Gottingen Street and tells the story a three people, including two lovebirds, vacationing in the city of love and facing several big decisions, including a relationship deal breaker.

The show is running through Nov. 28 with tickets costing $30 for adults, $25 for seniors and $15 for students. Go online to easternfronttheatre.com for show time information. **METRO HALIFAX**

CONTRIBUTED



▶ Fall in Paris opens tomorrow night at Bus Stop Theatre.

2 scene

Scene in brief



More than 40 broomstick-riding teams are competing in the Quidditch world cup tournament in N.Y.

A fictional fixture of the Harry Potter series, it features players who fly on broomsticks. But in real life, rules are adapted to a ground game for humans.

The matches call for chasers, beaters, keepers, seekers and a snitch. Goals must be scored and the snitch caught.

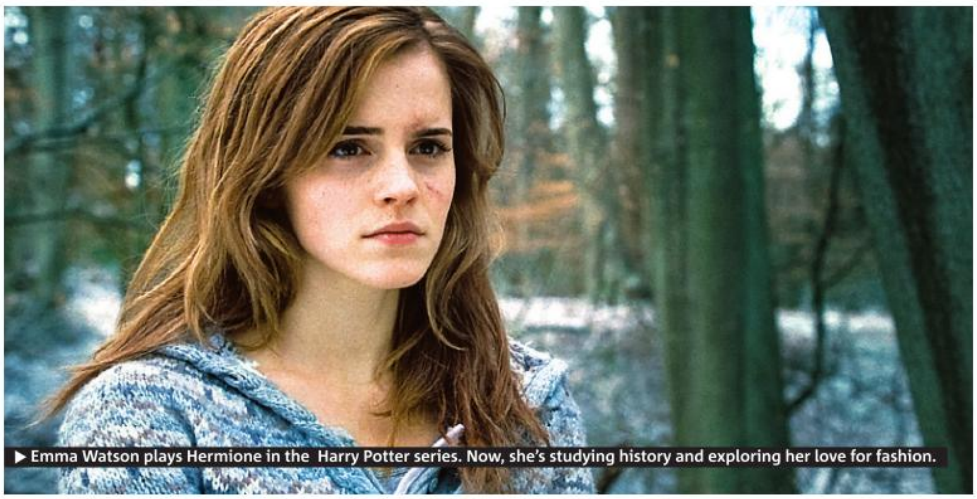
THE ASSOCIATED PRESS

SCANLIFE

DeNiro, Eastwood, Lucas present early Oscars at second annual Governors Awards.

More to life than Hogwarts

Harry Potter's Emma Watson talks career, school and ethical fashion



▶ Emma Watson plays Hermione in the Harry Potter series. Now, she's studying history and exploring her love for fashion.

EMMA FORREST
SCENE@METRONEWS.CA

Emma Watson, who recently finished a new movie, My Week With Marilyn, talks to Metro about Harry Potter, going to college in the U.S. and her passion for ethical fashion.

What did you think of the last Harry Potter book being turned into two movies?
I'll be honest, I was like, 'Is this a money spinner?' I was very cynical and dubious about it.

Then, I talked with the producers and they said, 'Look, there's no way we can fit everything into one movie. It won't be as true to the book.'

Was this movie the most physically demanding?
Yes, especially in part two. There were days when I was in tears. More than anything, being cold and wet takes so much energy out of you.

But David (Yates, the director) said, 'It looks better when you look vulnerable. It's so much realer.'

He's right, we were these bedraggled, unlikely heroes.

But there were days when I was so tired that I would fall asleep anywhere.

Did you take any souvenirs from the set?
I asked for permission to take Hermione's time turner from the third movie, and the cloak and my wand.

How does filming fit in with college?
It doesn't really, I'm not going to lie. I have to work really hard when I'm there to earn my professors' respect. I'm doing a history major. I love it.

You've also done an organic fashion line for Italian designer Alberta Ferretti. You previously did a range for ethical clothing company People Tree. Why is ethical fashion so important to you?
I would work for anyone for free if they are prepared to make their clothes fair trade and organic.

Nobody has any contact with the way things are made. I find it alarming that nobody questions it.

I'd love to persuade (Burberry design chief) Christopher Bailey to do even just a section of Burberry that was organic or fair trade.

It's something that I want to champion. It makes such a huge difference to the lives of the people who are making it and the environment. The impact is epic.

Emma's growing passion for ethical fashion

Fashionista Emma Watson talks about her new clothing line for Alberta Ferretti, and why ethical fashion is so important to her.

When did you cut your hair?
About three months ago – I didn't tell anyone I was going to do it.
I went into a hair salon in New York, and took a couple of pictures of Mia Farrow and said 'I want to look like this.'

What are you working on, fashion-wise?
I just did an organic clothing line with Alberta Ferretti. Alberta wrote to me and said, 'I saw what you did with [ethical brand] People Tree and I think it's a great idea. Would you do something with me?'
Jane Birkin was my inspiration for the collection, classic French, '60s Jane Birkin.

What is the organic and fair-trade fashion industry like?
Something like one per cent of clothing is made from organic cotton, which is a shame.
It seems like environmental and ethical presence is really making its way into supermarkets and so many other areas, but for some reason people don't seem to question where their clothes are from.

What has been your most glamorous fashion moment to date?
Probably when Chanel took me to Paris to try on an outfit for a premiere. I went round Coco Chanel's apartment. I found that really overwhelming.

EMMA FORREST

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Mel speaks out

‘I have never and would never hurt Lucia,’ says actor-director about ex-girlfriend’s allegations of infant daughter abuse

As the court battle rages on between Mel Gibson and Oksana Grigorieva, the Oscar-winning actor and director is finally speaking out about some of the claims made against him about endangering his infant daughter, according to Radar Online.

“Among these false statements are allegations by Oksana that I hurt Lucia and that I have made threats to hurt or even to kill our daughter,” Gibson says in a court filing obtained by the website

“I have never and would never hurt Lucia and I have most certainly never threatened to do so. My children are the most precious part of my life.”

METRO

ALL PHOTOS GETTY IMAGES



▶ Mel Gibson and Oksana Grigorieva in happier times

Celebrity tweets



Kanye West [@kanye west] Sky diving, dune buggies and vintage jewelry and the fastest roller coaster.... I call those Abu Dhabi Hobbies



Jessica Simpson [@Jessica Simpson] Sick day :(On the couch watching House and self diagnosing myself. Ha. Maybe I should catch up on Parenthood instead.



Stephen Fry [@stephen fry] Wet and windy. Then I looked out of the window and saw that the weather is too.



Conan O’Brien [@Conan OBrien] Just found out my new show is not on in Finland. What the hell is President Obama doing with his time?



▶ John Travolta and Kelly Preston

Report: Baby news prompts Travolta’s quick escape

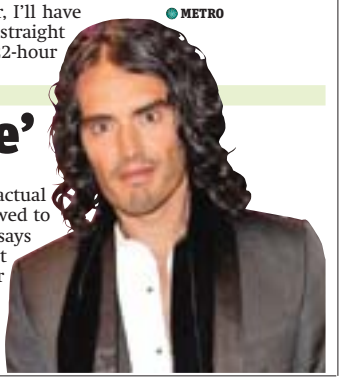
John Travolta reportedly rushed home from a promotional trip to Australia this weekend after getting word that wife Kelly Preston had gone into labour, according to Radar Online.

“If I get a call, I may have to say adios,” Travolta told reporters last week, adding that if Preston “goes into labour, I’ll have to take the plane straight back on a 22-hour flight.”

Preston was not reportedly due to give birth for another three weeks.

METRO

Russell’s ‘normal marriage’



Russell Brand says he and Katy Perry are adjusting to married life quite quickly.

“It’s just a normal marriage. The other day, I put a shirt on and she went, ‘You’re wearing that shirt, are you?’” Brand recounted during a visit to British talk show “Loose Women” recently.

“I thought, ‘That’s actually happening? That’s a thing off a sitcom.’ That happened in my actual life. I wasn’t allowed to wear it. If she says don’t wear that shirt, I don’t wear it.”

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3 life

ISTOCK



▶ Putting the rules in writing and hanging them in the house will help teens to understand what is expected of them.

Handling a defiant teenager

There are a number of ways to reach out to your kids without losing your cool

You make rules, they break them. You ask questions, they ignore you. You say, "Do this," they say, "Make me!"

Oppositional behaviour is hard enough to cope with in toddlers, but when the defiant ones are 13 or 14 years old, you can't just put them down for a nap, give them a time-out or bribe them with stickers.

So how does a parent get through to a kid who is disrespectful? Here, we offer some advice from Mary Muscari, a teacher at the Decker School of Nursing at Binghamton University in New York and co-author of Everything Parents Guide to Raising Adolescent Girls and Everything Parents Guide to Raising Adolescent Boys.

Be consistent and put all of the house rules in writing and hang it up in the house.

If you're looking to improve a specific behaviour or meet a goal, write up a contract and have your child sign it.

Muscari says that it's common for adolescents to do a lot of testing. "'How much can I get away with?' But they don't really want to get away with things; they just want to see how far they can push their parents. They know exactly when to press your buttons."

"If they think your job is more important than they are, that's a really bad place for a kid to be,"
MARY MUSCARI, TEACHER AT BINGHAMTON UNIVERSITY IN NEW YORK.

Muscari stresses that most of this behaviour is normal, and other parents are going through it too. "You are not crazy! It's annoying, it's horrible, but it's just like when they were two years old and they said, 'Wow! Look what I can do!' Only they're 13. They might be saying, 'I hate you! But they're thinking, 'Thank God you're putting these controls on me.'"

If foul language is an issue, you might try a 25-cent fine for each curse, and make sure grown-up violators pay too. The money could be a reward for good behaviour, or teens could give it to a charity of their choice.

Muscari says encouraging teens to volunteer — even if it's only a couple times a year — can also give them some perspective. "You don't want them to be totally wrapped up in themselves," she said.

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The teen brain

Consider how brain development affects adolescent behaviour, advises Dr. Joseph Shrand, psychiatrist:

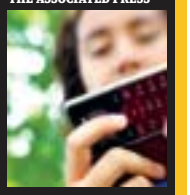
- **Limbic system** The part of the brain that controls emotions, which allows us to fell pleasure, anger and passion, works fine in adolescents.
- So when a kid treats a parent disrespectfully, don't respond with anger, but use empathy, respect and humour.

Texting teens

Teens who text 120 times a day or more – and there seems to be a lot of them – are more likely to have had sex or used alcohol and drugs than kids who don't send as many messages, according to provocative new research.

The study's authors are not suggesting that "hyper-texting" leads to sex, drinking or drugs, but say it's startling to see an apparent link between excessive messaging and that kind of risky behaviour.

THE ASSOCIATED PRESS



Parents snooping on tech-savvy teens are shocked

Like many parents of tech-savvy teens, one Winnipeg dad took steps to keep an eye on his son's online activities.

He befriended his son on Facebook to keep track of the boy's wall postings. He looked at his son's cell phone bill to see who he was talking to and regularly combed through his son's iPhone to see what apps were being used.

During one such iPhone sweep, he and his wife were shocked to discover their son was using an app called textPlus to secretly send text messages to arrange to buy drugs. The app uses wi-fi connections to send and receive messages, so users don't eat up their message allotment with their monthly wireless plans.

ISTOCK



▶Filtering what kids see.

"We didn't know that that was possible," the father, who asked that his name not be used, recalls. "There's no fee for the text message, so there's no bill that comes to the parent."

His case is not unique. A survey conducted earlier this year by Truste, a California-based online privacy firm, suggests 72 per cent of parents monitor the online activities of their teenage children.

But how successful they can be with ever-expanding communication options — cell phones, email, chat, text messaging and more — is another matter.

THE CANADIAN PRESS



Amazing Grace endures as a global music sensation after more than 200 years.

Ode to oats!

A treat that is as easy to prepare as it is nutritious

For a yummy in their tummy breakfast, a treat in the lunch box or afternoon snack, these apple and oat squares are packed with nutrition for growing kids.



▶ Spiced Apple and Oat Squares.

Ingredients:

- 300 ml (1 1/4 cups) all-purpose flour
- 250 ml (1 cup) quick-cooking (not instant) rolled oats
- 250 ml (1 cup) packed brown sugar
- 2 ml (1/2 tsp) baking soda
- 175 ml (3/4 cup) butter, softened

Apple Filling

- 1.5 l (6 cups) diced 1-cm (1/2-inch) peeled apples (McIntosh, Empire or Idared)
- 175 ml (3/4 cup) packed brown sugar
- 175 ml (3/4 cup) apple cider or water
- 7 ml (1 1/2 tsp) ground cinnamon
- 2 ml (1/2 tsp) ground nutmeg
- Pinch ground cloves

Preparation:

1. In a large bowl, mix together flour, oats, sugar and baking soda. Cut in butter with a pastry blender until crumbly.
2. Firmly press 750 ml (3 cups) of the mixture into a 2.5-l (9-inch) square cake pan. Reserve remaining crumbs for top.
3. Apple Filling: In a large saucepan or Dutch oven, combine apples, sugar, cider, cinnamon, nutmeg and cloves; bring to a boil over high heat.
4. Reduce heat and simmer, for 15 to 20 minutes, stirring occasionally, or until softened and thickened. Let cool slightly. (Filling can be made ahead and refrigerated.)
5. Spread filling over base. Distribute reserved crumbs over top. Bake in a 180 C (350 F) oven for 20 to 22 minutes or until golden brown. Serve warm or at room temperature.

Nutritional information per square: 250 calories, 2 g protein, 9 g fat, 41 g carbs.

THE CANADIAN PRESS

Sans-gluten snacks

For those on a gluten-free diet, these almond crackers are a great alternative to those containing wheat, oats and barley. To learn more about eating a gluten-free diet, visit the Canadian Celiac Association's website at celiac.ca.

Ingredients:

- 425 ml (1 3/4 cups) blanched almond flour
- 2 ml (1/2 tsp) sea salt
- 30 ml (2 tbsp) finely chopped fresh rosemary
- 15 ml (1 tbsp) extra-virgin olive oil
- 1 egg

Preparation:

1. In a large bowl, combine almond flour, salt and rosemary.
2. In a medium bowl, whisk together olive oil and egg. Stir wet ingredients into almond flour mixture until thoroughly combined.
3. Roll dough into a ball and press between 2 sheets of parchment paper to 3-mm (1/8-inch) thickness.
4. Remove top piece of parchment paper. Transfer bottom piece with rolled-out dough onto baking sheet.
5. Cut dough into 5-cm (2-inch) squares with a knife or pizza cutter.
6. Bake in a 180 C (350 F) oven for 12 to 15 minutes until lightly golden. Let crackers cool on baking sheet for 30 minutes, then serve.

*Makes 24 crackers

Nutritional information per cracker (values have been rounded to nearest whole number): 62 calories, 5 g fat, 2 g protein, 2 g carbohydrates, 1 g fibre, 9 mg cholesterol, 148 sodium.

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Green hospitality

After $200,000 in retrofits, Planet Traveler is being billed as the greenest hotel in North America.

After sitting abandoned for a decade, a freshly refurbished three-storey building will soon be opening its doors to visitors in need of a temporary home away from home.

But patrons of Planet Traveler will discover there's more to the renovated digs than breathtaking panoramic views of the downtown Toronto skyline: it's being billed as the greenest hotel in North America.

Co-developers and business partners Tom Rand and Anthony Aarts have transformed the 930-square-metre building into a 114-bed hostel with a boutique hotel esthetic.

But perhaps more significant are the extensive changes involved in the green makeover of the space, which offers dorm-style bunk accommodations for $30 as well as private rooms for $75. They embarked on an extensive retrofit with the goal of reducing carbon emissions by 75 per cent.

Solar photovoltaic panels help power Planet Traveler, while another set of panels, solar thermal, heat the water on-site. Rand said they're able to produce an average of three kilowatts from the solar panels, enough to power two or three standard homes.

"I'm not a hippie. I'm a venture capitalist. I speak dollars and cents. I'm proving in my language this can be done."
TOM RAND, CO-DEVELOPER OF PLANET TRAVELER

NATHAN DENETTE/THE CANADIAN PRESS



▶ Venture capitalist Tom Rand says more businesses can make green changes through education and investment, but they must be able to unlock some of the capital in their buildings to do it.

Rooms will be equipped with a vacancy sensor, which only goes on once it's been manually activated. If there's been no activity within a room for half-hour, it will shut off, Aarts said.

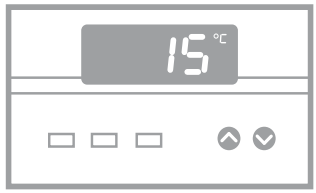
A specialized technology where multiple coils wrap around drainpipes helps grab heat from water before it goes down the drain.

Nearly two kilometres of geothermal pipes are buried around 120 metres below the surface in a city-owned laneway.

Described by Rand as the "workhorse of the hotel," he said the pipes are designed to take heat from the liquid out of the ground during winter and put it into the ground during summer rather than using a furnace and air conditioner.

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TAKING A LEAP INTO OLYMPIC GLORY



"I almost drowned twice as a child." You don't expect to hear those words from an Olympic gold medalist in synchronized swimming, but for Michelle Cameron, learning to conquer her fear of water was a turning point in her life.

In 1988 she found herself at the Olympics in Seoul, South Korea with her duet partner, Carolyn Waldo. The last person she locked eyes with before she began her routine was her mother.

"She was the reason I made it to the Olympics. She was so determined I would swim." But as Michelle dove into the water, that old, crippling feelings of fear washed over her. Then she said, "Just let it go."

Michelle and Carolyn would need to swim the routine of their lives to get past the American team, and they delivered. They exited the pool to thunderous applause with Canadian flags waving frantically in the stands. "Canada Number 1" flashed on the screen and the crowd exploded with cheers.

The scared little girl from Calgary, who felt such horror and panic with her lifelong fear for water, was now a woman who had conquered them.

Michelle accomplished a lot more than a gold medal that day. She is now a wife, proud mother of four children and is enjoying life in Calgary. She recently launched a charitable fund called Inspiring Possibilities that will give parents financial support and encouragement to keep their children active in sports.

She's also writing a book called, Sink, Swim or Float. It's all about getting past your fears and learning to jump into the deep end of the pool. Just like life.

Milestones

- 1988 Olympic Gold medalist
- First Albertan to win an Olympic Gold medal
- Six-time World Champion in duet and team
- Member of the Order of Canada
- Mother of four children


▶ Michelle Cameron

Building a more female friendly world

CRAIG LUND
LIFE@METRONEWS.CA

What Women Want
By Paco Underhill
Simon & Schuster,
204 pages, $32

Women are taking over the workforce, or, at least, they're finally getting the representation they've been fighting for.

In his book, What Women Want, author Paco Underhill writes that "We live in a world that is owned by men, designed by men, and managed by men, and yet we expect women to be active participants in it." Thankfully, this is changing.

Colleges and universities in the United States and Canada see 60 women to every 40 men, and in a range of disciplines such as law, medicine and architecture — formerly male dominated careers. Underhill says this is a trend that began in the 1970s.

Outside of the work sphere women are the key buyers for the house hold and the buyers of food for the family. And because of this, we saw the growth of the farmers market and organic food movement.

Underghill points to one statistic from 2005. "For the first time in history, young women under the age of 30 in the largest American cities overtook men in earning power."

In a New York City survey of wage earners between the ages of 21 and 30, women took home 17 per cent more pay than their male counterparts in equivalent positions.

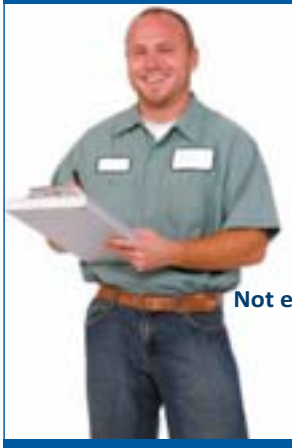


This is a well researched and thoughtful look at why women should be considered whenever you build, design, or create just about everything.

Craig Lund, is the President Elect of the American Marketing Association's Toronto Chapter and can be reached at hello@craiglund.ca

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Is real life mirroring Footloose?

Drinking, fighting and 'grinding' are causing officials across North America to cancel high school dances

FLICKR: RODRIGOFAVERA



▶ Sexually suggestive dancing is one of the reasons principals are cracking down on dances.

This year's first dance at Glace Bay High School in Cape Breton may have been its last.

Fed up with a few students showing up seemingly drunk and hemlines getting increasingly shorter, the school became the second in the district to cancel dances until further notice.

"It's like anything else. There is a pendulum that swings and the pendulum has swung to the point where we said that it's time to put the brakes on, take a breather, talk to the kids and re-evaluate," says principal Peter Campbell.

While the beat goes on in elsewhere, a number of schools in Canada and the U.S. have been trying to crack down on provocative dancing, risque attire and underage drinking.

In Moncton, N.B., Bernice MacNaughton High School has banned so-called grinding — a sexually suggestive dance that typically involves a female dancing in front of a male, back to front. Students there are required to dance face to face, says principal Gary Wilson.

Two years ago, students at Eastern Shore District High School in Musquodoboit Harbour, N.S., had to agree in writing to follow certain rules, including being drug- and alcohol-free and abstaining from grinding. But the Halifax Regional School Board says the school scuttled the contract and dances when too many students refused to sign the document. The school still holds proms.

In West Hollywood, Calif., administrators at Pacific Hills School have reportedly been known to threaten students who insist on dancing sexily with Burt Bacharach tunes.

Back in Cape Breton, Whitney Pier Memorial Junior High scrapped dances earlier this year because of "inappropriate behaviour," says Charles Sheppard, a co-ordinator with the Cape Breton-Victoria Regional School Board. Sheppard wouldn't say what behaviour led to the decision.

Campbell, who's been the principal at Glace Bay High for four years, says his office hasn't received any complaints from students since cancelling the dances in September.

"(Students) didn't like the way things were moving either," he says. "The vast majority of kids want to come to the dance and just have a bit of fun. They don't like it when there is stress, they don't like it when teachers have to be cross, they don't like it when they see kids drinking too much."

The dance, which was open to students from other schools, was chaperoned by staff members and private security, says Campbell. Police officers were also on hand.

Jeana Wilson, co-president of the school's student council, says students were warned of the consequences of breaking the rules well in advance and she ultimately respects the decision that was made.

But the 17-year-old says she believes punishing the entire student body for the actions of some was a bit heavy-handed.

While she agrees that rules need to be put in place, Wilson chalks up some of the outcry over student behaviour — particularly the dress code — to a generational gap.

"Some of the things are completely inappropriate, especially what some girls wear," says Wilson, a Grade 12 student. "But some of the things I just don't think the teachers are really used to because they didn't grow up that way, wearing the kinds of things that some of us do."

What was really of concern, says Wilson, was the safety of students after fights broke out outside the dance.

THE CANADIAN PRESS



Learning to talk after transitioning

GERRY BROOME/THE ASSOCIATED PRESS



▶ Speech-language pathologist Sena Crutchley, left, and graduate clinician Wendy Hanes, right, analyze a transgender clients' voice during a program at the University of North Carolina Greensboro's School of Health and Human Performance. The program helps teach transgender people how to speak like the people of the sex they're becoming or have become.

Nicole Hatch had spent six figures on her transition from male to female, including flying to Thailand for sexual reassignment surgery and spending at least $20,000 on facial hair removal.

But her voice still gave her away — callers would refer to her as "sir" when she answered the phone.

So Hatch came to the University of North Carolina at Greensboro (UNCG), where speech pathologists teach transgender people how to speak like the gender they're becoming.

"To me, there's nothing worse than seeing someone dressed as a woman, a beautiful woman," Hatch, 57, says. "Then she opens her mouth and she sounds like a sailor. It's very off-putting for people."

The former Florida chiropractor took eight private classes at UNCG, learning to redirect her voice through the front of her mouth instead of her throat or chest so that she sounds more feminine. "Voice is, I would say, 50 per cent of being able to pass," Hatch said.

In a program that began 12 years ago, each semester speech pathologists at UNCG's School of Health and Human Performance work with about eight or so transgender people, says Dean Celia Hooper, who taught the transgender voice classes at UNCG for five years until she became dean in 2008.

The classes for transgender clients — people who want to live as the gender they weren't born into — are a tiny part of the work of UNCG's speech and hearing centre. The classes concentrate a lot on pitch, but the clients also learn about loudness, quality of voice and movement, especially facial and hand gestures.

Women use more adjectives, and they gesture more with the hands and use their face more to express feelings, Hooper said. During one activity, clients describe the art on the walls.

"And women will say, 'That's a beautiful picture, I see a bubbling stream.' They'll really elaborate," Hooper says. "Men will just say, 'I see a house and a car.' And then women add, 'It's just a fabulous-looking house.'"

The differences in word choice are rarely more evidence than in the how-to-give-directions project. The teacher tells clients to give directions on getting from point A to point B. Then they get handouts that compare male directions to those given by females.

Women use landmarks, while men use a compass.

A woman might say, "When you get to the red house with the blue shutters, take a right, go three miles. You'll go past the store, you'll see a cornfield. You'll see a beautiful fire station. It's new, you know, they just built it last week. Then you turn left."

A man, however, would say, "Go west three miles, take a left at this road, go four miles, take a right."

"It's just minimal," Hooper said.

Hatch says her life in the gay community — she lived as a homosexual man for about 10 years — meant she needed help only with pitch. So her eight private lessons (cancer treatments in nearby Chapel Hill prevented her from taking the classes) concentrated on moving from her natural gender-neutral voice to a more feminine one.

She learned to redirect her voice to speak from the front of her mouth, which raises the pitch.

"It's my natural voice, but I'm just using different mechanics," Hatch said. "It's probably one of the hardest things to do because it's so easy to fall back into the habit of the way you're used to speaking."

Although there are no statistics on how many people are transgender, experts estimate the number is between 0.25 per cent and one per cent of the population, said Mara Keisling, executive director of the National Center for Transgender Equality.

THE ASSOCIATED PRESS

Unexpected star Ahmed Borhot leads Huskies to fourth straight Loney Bowl ◆ Rematch with Dinos on tap for Saturday in Calgary ◆ Suspension to MVP Jahmeek Taylor lifted

RYAN TAPLIN/METRO



▶ Huskies players celebrate following their 37-8 victory over Acadia in the Loney Bowl on Saturday.

Huskies are on to the next one



MATTHEW WUEST
@METRONEWS.CA

Ahmed Borhot made sure the Saint Mary's Huskies will get another crack at Blake Nill, Erik Glavic and the Calgary Dinos.

The Saint Mary's Huskies sophomore receiver stepped into the role of suspended Atlantic University Sport MVP Jahmeek Taylor on Saturday in Halifax and delivered a sensational nine-catch, 202-yard performance to help his team claim its fourth straight Loney Bowl with a 37-8 win over the Acadia Axemen.

The Dinos — whose coach, Nill, and quarterback, Glavic, were once central figures at Saint Mary's — will host the Mitchell Bowl on Saturday in a rematch of last year's national semifinal, which the Huskies lost 38-14.

"They haven't been a throwing team all season long, yet they came out, spread us out and took advantage of what we gave them."
ACADIA HEAD COACH JEFF CUMMINS

"They came in here last year and embarrassed us on our home field, and they're the ones we've been waiting for," said Borhot, who only had 178 yards receiving in eight previous games.

"It would mean a lot … to try and right the wrongs that happened last year on our home field," added Huskies defensive back Mark Holden. "Nothing would feel better than to go into McMahon Stadium and upset the Dinos."

Borhot found seam after seam against the Axemen and quarterback Micah Brown hit him every time, throwing for 349 yards and one touchdown.

Those big plays set up three touchdowns in an 11:06 stretch in the first half, with Brown running in one major and putting the ball in the hands of tailback Devon Jones for the other two.

The Huskies also had five interceptions but it was Borhot who was player of the game.

"I knew if we won, we'd be going back to Alberta, and that's all I was thinking about," said Borhot, who is from Calgary. "I just wanted to go home, to see my family … so I put the team on my back. I really wanted this win."

Taylor to play next week

AUS player of the year Jahmeek Taylor, who was suspended for Saturday's Loney Bowl for "failing to live up to the (athletic department's) code of conduct," has been reinstated along with defensive back R.J. Cornish and linebacker Eboniel Stone.

"The players will be reinstated and ready to go next week," Huskies head coach Steve Sumarah said.

Taylor, a receiver/returner, had 1,439 all-purpose yards and seven touchdowns in eight games this season.

MATTHEW WUEST

Gelinas stays on fire, but Moose lose

Carl Gelinas's hot streak continued on the weekend but the Halifax Mooseheads lost for the fifth time in six games.

Gelinas, an 18-year-old left-winger, scored his fifth goal in three games on Friday in a 5-1 loss to the P.E.I. Rocket at the Metro Centre in the Mooseheads' only game in a 10-day stretch.

Goaltender Mathieu Corbeil, 19, had another tough outing and was pulled after allowing two goals on four shots.

The Mooseheads, 7-15-1, are halfway through a six-game home stand and are back in action on Wednesday at 7 p.m. against the Rouyn-Noranda Huskies, 4-17-1-1. METRO

METRO FILE



▶ Carl Gelinas

Sports in brief

Saint Mary's wins bronze

CIS SOCCER. The Saint Mary's Huskies won bronze at the Canadian Interuniversity Sport men's soccer championship yesterday in Toronto. Jonattan Cordoba scored twice and keeper Adam Miller had the shutout as the Huskies beat the Toronto Varsity Blues 2-0.

Huskies beat Varsity Reds

AUS HOCKEY. The Saint Mary's Huskies knocked off the nationally third-ranked New Brunswick Varsity Reds 3-1 on Saturday at the Halifax Forum.

The Huskies sit fifth in Atlantic University Sport men's hockey with a 5-3 record.
METRO

4 sports

Basketball

The Saint Mary's Huskies are off to a 0-4 start in Atlantic University Sport men's basketball after suffering a pair of weekend road losses to the Cape Breton Capers. In women's play, the Huskies earned a split versus the Capers and sit 2-2.

Scan code for sports

Argos make Ticats pay for mistakes

Toronto forces five turnovers as it upsets Hamilton in playoff battle

ARGONAUTS	TIGER-CATS
16	13

Matt Black and the Toronto Argonauts couldn't have picked a better time to earn their first win of the season over the Hamilton Tiger-Cats.

Black forced a fumble and recovered another as Toronto forced five turnovers to upset Hamilton 16-13 in the East Division semifinal yesterday to the dismay of an Ivor Wynne Stadium gathering of 27,828.

Toronto, in the playoffs for the first time since 2007, will face Montreal in the conference final next weekend. While the Alouettes will have home-field advantage, they did lose twice this season to the upstart Argos.

Black's recovery of a Marcus Thigpen fumble off a punt return set up Toronto's lone TD. Cleo Lemon's 12-yard strike to Spencer Watt anchored a 10-point third quarter as the Argos erased a 6-3 halftime deficit to lead 13-6 while Hamilton starter Kevin Glenn was being treated for a knee injury.

"Turnovers are crucial in the regular season and even more crucial in the playoffs," said the unheralded second-year defensive back, who received the Argos' game ball afterwards. "Our gameplan all week was to get turnovers and give our offence good (field) position.

"In the playoffs field position dictates the game. The defence has free reign when you pin (the opposing offence) deep."

Glenn, one of just two CFL quarterbacks to pass for 5,000 yards this season, left late in the first half with a hyperextended left knee. He was injured after being hit by Toronto's Ricky Foley and walked off on his own before running to the Hamilton bench late in the third.

Turnovers were the big reason why Hamilton won all three regular-season meetings with Toronto. The Ticats held a decided 15-5 edge in that department, intercepting Lemon five times and while recovering three of his fumbles.

To lessen the threat of mistakes, the Argos adopted a very conservative gameplan that had Lemon consistently dumping off short passes rather than throwing downfield. Lemon finished 22-of-29 passing and recorded his first TD strike against Hamilton, but had just 134 yards in the air as overall.

THE CANADIAN PRESS

KAZ NOVAK/TORSTAR NEWS SERVICE



▶ Byron Parker makes an interception with two seconds remaining yesterday to end Hamilton's hopes of making a comeback.

COWBOYS	GIANTS
33	20

Garrett, Kitna lead Cowboys over Giants

Jason Garrett's first game as the Dallas Cowboys coach was lights out.

Jon Kitna passed for 327 yards and three touchdowns and the Dallas Cowboys looked revitalized with Garrett running the team in a 33-20 victory that served as a reality check for the New York Giants yesterday.

Kitna had TD passes of 13 yards to rookie Dez Bryant, 71 to halfback Felix Jones and 24 to Miles Austin as Dallas (2-7) snapped a five-game losing streak in its first game since Garrett, who played for the Ottawa Rough Riders in 1992, replaced Wade Phillips.

Rookie cornerback Bryan McCann scored on a team-record 101-yard interception return in a game highlighted by big plays and two third-quarter power failures that delayed the game for 11 minutes.

Eli Manning threw two touchdown passes for the Giants (6-3), who had a five-game winning steak snapped. THE ASSOCIATED PRESS

Dolphins 29, Titans 17
The Miami Dolphins achieved their season-high point total against Tennessee, and it only took three quarterbacks, a flea-flicker and the revival of the wildcat.

Bears 27, Vikings 13
Jay Cutler had 237 yards and three touchdown passes, Devin Hester had two big returns and the Chicago Bears beat the Minnesota Vikings yesterday to tie Green Bay for the NFC North lead.
THE ASSOCIATED PRESS

Riders edge Lions in double overtime

RIDERS	LIONS
41	38

Jason Clermont's 24-yard touchdown catch in double overtime gave the Saskatchewan Roughriders a 41-38 win over the B.C. Lions in the CFL West Division semifinal yesterday.

Darian Durant found the slotback over the middle and Clermont ran in for the winning score, sending the Roughriders to the West Division final against the Calgary Stampeders for the second year in a row.

It also capped an afternoon of great drama before a crowd of 29,215 at Mosaic Stadium, as the Lions rallied late to send the game into overtime.

THE CANADIAN PRESS



▶▶ Roughriders Weston Dressler, right, and Chris Getzlaf.

Sports in brief

Chelsea loss narrows gap

SOCCER. The Premier League title race was thrown wide open yesterday thanks to leader Chelsea's shocking 3-0 home defeat to Sunderland and Arsenal's hard-fought 2-1 win at Everton.

Arsenal is now just two points behind Chelsea, with third-place Manchester United — which drew 2-2 at Aston Villa on Saturday — a further point behind. Manchester City is fourth, six points behind the leaders, after drawing at home to Birmingham on Saturday.

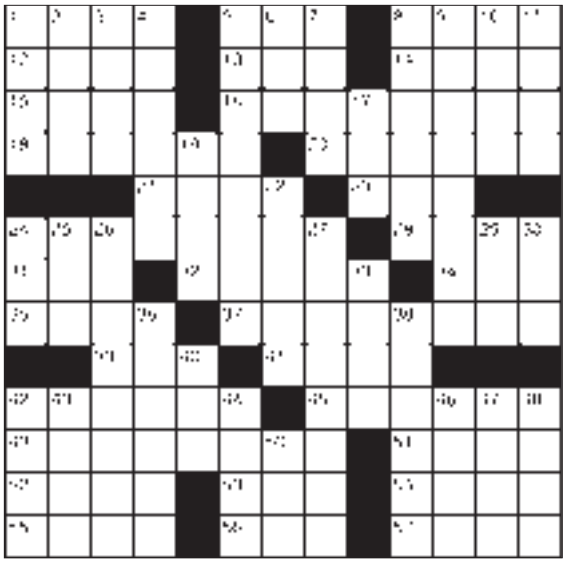
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Three college athletes shot

FOOTBALL. Three University of Southern Mississippi football players were shot during a fight at a nightclub, and all three are in fair condition at a local hospital, police said yesterday.

THE ASSOCIATED PRESS

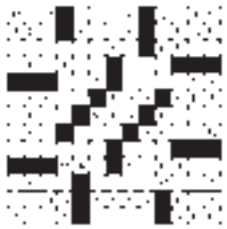
Crossword



Across
1 Unhappy destiny
5 Commercials
8 Out of control
12 Catch sight of
13 Caustic solution
14 Picnic hamperer
15 Winged
16 Octopus' arm
18 Pertaining to leaves
20 Reduce in status
21 Water (Sp.)
23 Atmosphere
24 Spiraling stems
28 Police officers
31 Actress Gardner
32 Moving about
34 Eccentric
35 Alpha follower
37 Persistence
39 Annoy
41 Latvia's capital
42 X-rated
45 Boil
49 Urban home, maybe
51 Actor LaBeouf
52 Approach
53 Female deer
54 War god
55 Partner in crime
56 Blunder
57 Discourteous

Down
1 Unhearing
2 Norway's capital
3 October birthstone
4 Innumerable
5 Unselfish one
6 Coloring agent
7 Transmit
8 Mideastern language
9 Popular pasta
10 Lubricates
11 Leg joint
17 Afternoon social
19 Taj Mahal city
22 Change
24 Bill
25 Adam's mate
26 Across the country
27 Evil
29 Deposit
30 Pigpen
33 Anger
36 Vein counterpart
38 "Your Show of Shows" star
40 A Kardashian sister
42 Sicilian volcano
43 Rod and —
44 Relinquish
46 From one end to t'other
47 Hastened
48 Facility
50 Neither partner

▶ Yesterday's answer



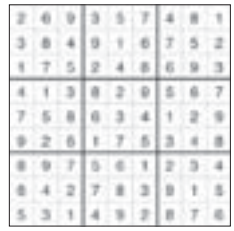
Sudoku

	6		7	5	3		2	
5								7
		4				9		
4	7		5		6		1	2
				3				
3	9		2		7		4	6
		5				6		
9								5
	1		4	7	5		8	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶



Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

No matter what I lose when I choose you, I will choose you because you are everything for me. Love you, SUE **TEI**

This goes out to my baby boo Shanice, I love her! I want everybody in Ontario to see how much I love this girl! She's the cutest girl I have ever met and i hope we stay together for many more years to come. I miss you and I love you a lot babe. **JELLO**

Mr. Chickenfoot, I'm so proud of you for having your own radio show. I hope you do good in the rest of your school year. Me and spudford will be there every step of the way!!! **LUV, MRS. CHICKENFOOT**

Dearest Mahal: You are the star that shines in my heart; I can't wait to spend our first Christmas together. I love you so much! **YOURS ALWAYS AND FOREVER; OLI**



Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20
Avoid the temptation to take risks that don't need to be taken. While what you get out of life may be related to what you put in, you don't have to risk everything.

♉ Taurus April 21-May 21
Have you noticed that your current situation bears an uncanny resemblance to what you've been through before? You should by now then know how to handle it.

♊ Gemini May 22-June 21
What's done is done and cannot be undone, so forget about yesterday, last week, last month or last year. Each day is a new beginning and what you start today could, should and will be amazing.

♋ Cancer June 22-July 22 Cancerians may not be the most daring members of the zodiac but you are in your own way ambitious and with Jupiter boosting your courage today you won't hesitate to take a chance of some kind.

♌ Leo July 23-Aug.23 You like to get your own way, and most of the time you do, but the planets urge you to meet others halfway, especially if you have several projects on the go at the same time.

♍ Virgo Aug. 24- Sept. 22 Anyone who tries to engage you in idle chatter or malicious gossip will soon learn you are not in the mood to play games. You have important things to do, stay focused.

♎ Libra Sept. 23-Oct. 23
Today's Sun-Jupiter link will help you find ways to ease your cash flow crisis, though the fact is you are not nearly as badly off as you think you are. However, you must save money, not spend it.

♏ Scorpio Oct. 24-Nov. 22 You are smart enough to realize there will always be new things to learn. What you learn today will expand your awareness and open your eyes to new possibilities.

♐ Sagittarius Nov. 23-Dec. 21 If you are adrift in a sea of troubles you'll still find reasons to smile. Your life is pretty good at the moment, and about to get infinitely better..

♑ Capricorn Dec. 22-Jan. 20
Everything that happens in your life is part of the grand design. Once you understand that fact at the deepest level you won't worry so much about day-to-day problems.

♒ Aquarius Jan. 21-Feb. 18
Your prospects are good and getting better by the minute. Be selective. Aim always for quality and excellence.

♓ Pisces Feb. 19-March 20 A belief you have always taken for granted will be put under the spotlight today and you may be surprised to discover it no longer stands up to scrutiny. Fortunately it won't be too traumatic. There are other beliefs you can cling to.

SALLY BROMPTON

Caption contest

GERO BRELOER/THE ASSOCIATED PRESS



WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

ALASTAIR GRANT/THE ASSOCIATED PRESS



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